

Treatment Roadmap

**Leaders in recovery.
Champions of hope.**



rosecrance®

Have you identified a student at risk of a mental health or substance use disorder? Follow these steps to get them the help that they need.

1

Call the Rosecrance Access Department at 815.391.1000.

During this time Access staff will gather general information about the nature of your concerns, and walk you through the next steps of providing screening and treatment for your student.

2

Complete the Screening/Referral Process

Rosecrance offers screenings/assessments at many different convenient locations. These can also be conducted virtually. An experienced and caring counselor will help determine the right level of care and provide a referral for appropriate services.

3

Recommend Early Intervention and Treatment Resources

Rosecrance offers treatment for mental health and substance use disorders, including individualized early intervention, and outpatient and residential levels of care. (More details on the right side of this page.) If we cannot provide the services needed for your student, we will refer them to another qualified and trusted agency or professional. For virtual services and more information about virtual support, go to rosecrance.org/virtual-support.

4

Utilize Rosecrance's Support Services

In addition to our treatment options, Rosecrance also offers support services, including recovery homes, alumni services, family programs and counseling, intervention services, and parent support groups.

EARLY INTERVENTION SERVICES:

Rosecrance provides individualized early intervention, support, and direction for teens who may be at risk of more serious involvement with alcohol and other drugs.

Length of program: Two individual sessions and one family session.

OUTPATIENT PROGRAMS:

Rosecrance offers outpatient services for teens, both in person and virtually. Levels of care offered included individual and family therapy, enhanced outpatient, and intensive outpatient. These programs are evidence-based where teens learn emotion regulation and recovery skills while living at home.

RESIDENTIAL SERVICES:

Our residential behavioral health services treat teens experiencing behavioral health conditions, specializing in mental health and substance use challenges that include depression, anxiety, trauma, suicidal ideation, self-injury, and substance use providing high quality treatment that is holistic and tailored to meet the needs and strengths of each individual.

Length of program: 30–60 days.