

Adolescent Treatment Roadmap

Leaders in recovery.
Champions of hope.



rosecrance®
Jackson Centers

Have you identified a teen at risk of a mental health or substance use disorder? Follow these steps to get them the help that they need.

1

Call the Rosecrance Jackson Centers Access Department at 712.234.2300.

During this initial conversation, our Access staff will gather general information about the nature of your concerns and schedule an appointment for a clinical assessment.

2

Complete the Assessment/Referral Process

Rosecrance Jackson Centers offers assessments at one convenient location. We are also able to offer assessments via video calls. During the assessment, an experienced and caring counselor will help determine the right level of care and provide a referral for appropriate services.

3

Recommend Prevention, Education, and Treatment Resources

Rosecrance Jackson Centers offers a full continuum of treatment for substance use and mental health disorders, including prevention services, residential services, individual therapy, an outpatient program, and more. (More details on the right side of this page.) If we cannot provide the services needed for your student, we will refer them to another qualified and trusted agency or professional.

4

Utilize Rosecrance Jackson Centers' Support Services

In addition to our treatment options, Rosecrance Jackson Centers also offers support services, including alumni services, family programs and counseling, intervention services, and parent support groups.

PREVENTION SERVICES:

Rosecrance Jackson Centers has education, support, and direction for teens who may be at risk of more serious involvement with alcohol and other drugs.

Length of program: Three class sessions totaling six to seven and a half hours.

INDIVIDUAL OR OUTPATIENT GROUPS

We provide evidence-based treatment programs for substance use disorders where teens learn recovery skills while living at home. For virtual services and more information about virtual support, go to rosecrance.org/virtual-support.

RESIDENTIAL SERVICES:

Our residential services help teens in need of a more intensive level of treatment for primary substance use and co-occurring disorders. Medically monitored detoxification is available to assist in the safe withdrawal from the effects of various drugs and alcohol.

Length of program: based on client needs.

Rosecrance Jackson Centers Adolescent Treatment Services	Sioux City Outpatient	Sioux City Residential	Cherokee	Davenport	Le Mars	Spencer	Sheldon	River Hills
Assessments	✓	✓	✓	✓	✓	✓	✓	
Adolescent Services	✓	✓	✓	✓	✓	✓	✓	
Adolescent Outpatient	✓		✓	✓	✓	✓	✓	
Individual, Group, and Family Therapy	✓		✓	✓	✓	✓	✓	
Residential Treatment		✓						
Gambling Treatment	✓		✓		✓	✓	✓	
Medication Assisted Treatment								✓
Continuing Care	✓		✓	✓	✓	✓	✓	

Locations:

Sioux City Outpatient

800 5th St.
Sioux City, IA 51101

Le Mars

119 1st Ave. SW
Le Mars, IA 51031

Sioux City Residential

3500 W. 4th St.
Sioux City, IA 51103

Sheldon

2400 Park St., Suite B
Sheldon, IA 51201

Cherokee

789 1/2 N. 2nd St.
Cherokee, IA 51012

Spencer

1713 McNaughton Way
Spencer, IA 51031

Davenport

2322 E. Kimberly Rd., Ste. 200N
Davenport, IA 52807

River Hills

3320 W. 4th St.
Sioux City, IA 51103