



ROSECRANCE JACKSON CENTERS ADOLESCENT SERVICES

At Rosecrance Jackson Centers, we're focused on one thing: providing the best opportunity for lasting recovery.

Addressing an adolescent's struggle with substance use and mental health concerns means understanding all the factors involved with their condition.

We have developed an evidence-based program that incorporates clinical, medical, educational, and experiential therapies into a comprehensive individualized treatment plan. Our programs are family-centered and focus on helping the adolescent and their loved ones develop the tools needed to rebuild their lives and reclaim what has been lost. Rosecrance Jackson Centers adolescent programs serve youth ages 12-18 for substance use and co-occurring disorders. The unique and individual needs of adolescents and their families are our primary concern.



PREVENTION

We provide individual or group-based prevention education, support, and direction for students, parents, and professionals. Topics include vaping, drug education, early intervention, and relapse prevention/recovery support.

Age of first use is an indicator of risk so we provide education to youth and parents. We provide science based education on vaping, alcohol, marijuana and problem gambling/gaming. We also engage communities in evidence-based prevention strategies through coalitions and businesses such as Drug Free Workplace trainings and stigma awareness.

ASSESSMENTS

We evaluate each person's needs in depth and provide a diagnosis and recommendation for care and/or referral services. The assessment can be completed virtually or in person, depending on the individual situation. The Access team works to answer questions, give clear direction, lay out a workable plan for the treatment needed, and provide referrals if necessary.

MEDICALLY MONITORED DETOXIFICATION

We provide detoxification services for adolescent clients. During the referral and assessment process, our medical staff will determine whether detoxification can be safely managed within the program. Rosecrance Jackson Centers will assist the family in exploring other available medical options if the adolescent requires a higher level of medically monitored detoxification services than is available on site.

RESIDENTIAL TREATMENT FOR SUBSTANCE USE AND CO-OCCURRING DISORDERS

After decades as the national leader in addiction treatment, we are proud of our expansion of capabilities that now enables us to offer mental health services on our residential substance use unit. Our residential behavioral health services address substance use and co-occurring disorders by providing high quality treatment that is holistic and tailored to meet the needs and strengths of each individual. Our intensive approach to services includes:

- Comprehensive biopsychosocial assessment
- Psychiatric services and medication management

- Motivational interviewing to strengthen commitment towards change
- Cognitive behavioral therapy (ex. thought challenging, reframing skills)
- Dialectical behavioral therapy (ex. distress tolerance, interpersonal effectiveness, mindfulness)
- Trauma-informed care (ex. Seeking Safety)
- Communication skills/assertiveness training
- Self-regulation and coping skills
- Prosocial skill development
- Self-help recovery support
- Plan for ongoing recovery care

A key part of treatment at Rosecrance Jackson Centers is the ability of clients to continue their education. The Learning Place is a fully licensed school at Rosecrance Jackson Centers which will work with the client's home school to provide full school days while in treatment.

FAMILY SUPPORT SERVICES

Our adolescent family support services help the family learn about the disease of addiction and mental health concerns in a holistic manner. Counselors work closely with families to identify needs, provide education on addiction and recovery, and support a plan for the best opportunity for their loved one's ongoing recovery through community resources.

EXPERIENTIAL THERAPIES

The goal of experiential therapies is to establish a holistic understanding of personal health through art, music, recreation, fitness, yoga, team building, talking circles, and life skills activities. Clients learn to break down barriers, increase self-esteem, identify personal goals, and establish healthy relationships.

OUTPATIENT TREATMENT

Our adolescent outpatient services provide recovery oriented, strength-based programs, counseling, and other assistance for individuals who seek therapy and support in their recovery journey for substance use and mental health disorders. Services range throughout our continuum of care and are provided in an individual format. Service offerings may vary by location.