

Virtual Parent Café

**Leaders in recovery.
Champions of hope.**



Wondering if your teen or young adult is experimenting with drugs or alcohol?

Has your teen or young adult relapsed after completing treatment?

Do you need guidance in supporting your teen or young adult with their mental health?

We can help.

Virtual Parent Support Group: Thursdays, 6–7:30 p.m.

At Rosecrance, we provide a range of family support services including counseling, support, education, and information. One of these support services is our Parent Café. Parents need to know that they are not alone as their adolescent or young adult struggles with substance use and/or mental health disorders. Through Parent Café, our staff will help you talk with other parents who are going through similar experiences. You can learn what has worked for others and develop a strategy that makes sense for you.

At the request of our community, a confidential, free support group has been organized by Rosecrance and is open to all parents and/or guardians. This support group will be held virtually and requires participants to register in advance. A clinician will be available online and will facilitate the group.



Contact Maria Campobasso at **ccampobasso@rosecrance.org** for information or to ask questions.

For more information, call **815.391.1000**.