

# Treatment Roadmap

Leaders in recovery.  
Champions of hope.



Have you identified a student at risk of a mental health or substance use disorder? Follow these steps to get them the help that they need.

1

## Call the Rosecrance Access Department at 815.391.1000.

During this time Access staff will gather general information about the nature of your concerns, and walk you through the next steps of providing screening and treatment for your student.

2

## Complete the Screening/Referral Process

Rosecrance offers screenings/assessments at many different convenient locations and, in some situations, may provide them at your school. We are also able to offer these consultations over the phone. An experienced and caring counselor will help determine the right level of care and provide a referral for appropriate services.

3

## Recommend Prevention Education and Treatment Resources

Rosecrance offers treatment for mental health and substance use disorders, including prevention-education, and outpatient and residential levels of care. (More details on the right side of this page.) If we cannot provide the services needed for your student, we will refer them to another qualified and trusted agency or professional. For virtual services and more information about virtual support, go to [rosecrance.org/virtual-support](https://www.rosecrance.org/virtual-support).

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## Utilize Rosecrance's Support Services

In addition to our treatment options, Rosecrance also offers support services, including recovery homes, alumni services, family programs and counseling, intervention services, and parent support groups.

### PREVENTION SERVICES:

Rosecrance provides education, support, and direction for teens who may be at risk of more serious involvement with alcohol and other drugs.

*Length of program:* Two individual sessions and one family session.

### OUTPATIENT PROGRAMS:

Rosecrance offers outpatient services for teens, both in person and virtually. Levels of care offered are individual, enhanced outpatient, and intensive outpatient. These programs are evidence-based where teens learn recovery skills while living at home.

### RESIDENTIAL SERVICES:

Our residential services help teens in need of a more intensive level of treatment for primary substance use and co-occurring disorders. Medically monitored detoxification is available to assist in the safe withdrawal from the effects of various drugs and alcohol.

*Length of program:* About 42 days.