



rosecrance
life's waiting®

ADOLESCENT SERVICES

Partnering with Physicians

Evaluation, Prevention, and Treatment of Substance Use and Mental Health Disorders



Rosecrance partners with medical professionals to provide support and resources for parents or guardians who might be concerned that their child is using drugs or alcohol. Our experienced professionals will consult with you to provide the best care for your patients and their families.

Addressing a teen's struggle with substances means understanding the emotional, developmental, physical, psychological, familial, social, and cultural factors involved in his or her use or abuse.

Rosecrance, a leading provider of treatment for substance use and mental health disorders, offers a full continuum of prevention, early intervention, and treatment services under the guidance of our quality, caring staff of professionals.

“ We know that today's kids are being exposed to marijuana very early in their lives, in some cases by 5th grade. Discussions about the dangers and impact on youth brain development are critical. ”

Thomas Wright, MD, Chief Medical Officer/Senior Vice President of Medical Affairs,
Rosecrance

More information on reverse side

Rosecrance Adolescent Services

- Confidential drug and alcohol evaluations
- Urine drug screens
- Prevention education
- Early intervention services
- Intensive Outpatient Program (IOP)
- Residential treatment for substance use and/or mental health disorders
- Medically monitored detoxification
- Partial hospitalization
- Recovery homes
- Gender-specific counseling
- Integrated Experiential Therapies, including art, music, recreation, fitness, and horticulture
- Assistance to families who need help finding resources
- Family education and support
- Transition planning
- Alumni program
- Trainings for professionals
- Virtual and telehealth options

To schedule an appointment or make a referral, please contact us at **815.391.1000** or **88.928.5278** or info@rosecrance.org.

To learn more about Rosecrance and view our facilities, visit rosecrance.org.

The Assessment Process

Rosecrance offers confidential assessments to determine if a substance use disorder exists based on formal criteria from the American Society of Addiction Medicine (ASAM) and the Diagnostic and Statistical Manual of Mental Disorders-V (DSM-V). A recommendation and plan is developed during the comprehensive assessment involving the parents/guardians and referring medical professional. Any additional factors are identified that contribute to, or are related to, the substance use disorder including mental health issues.

More kids enter treatment for marijuana dependence each year than for all other illicit drugs combined.

National Institute on Drug Abuse

Drug Testing/Interpreting Results

ASAM recommends drug testing where medically appropriate in clinical diagnostic settings. When a patient is assessed for a substance use disorder, it is essential for the health care provider to have objective evidence about the recent substance use of the patient. Drug testing can provide evidence of current or recent exposure to intoxicants, which can serve as an objective means of verifying the patient's substance use history as reported by the patient or family.

Talking to Teens about Drugs

Legal doesn't mean harmless

In the United States, marijuana is legal for medical use in 33 states and recreational use for individuals over age 21 in ten states. Many teens now believe that, because marijuana can be prescribed by a doctor, it must be safe. It's important to remind teens that all drugs, including those prescribed by a doctor, have side effects and can be harmful if abused.

There is no safe level of substance use for teens

Because the brain is still developing through adolescence and young adulthood, marijuana, nicotine, and other drugs are more likely to alter the function of a teen's brain, slowing development and increasing the chances of developing a substance use disorder.

Vaping is a growing problem with teens

According to the 2018 *Monitoring the Future Survey*, 37 percent of high school seniors report vaping in the past year. Even though many teens believe vaping is healthier than smoking, most e-cigarettes still contain nicotine, which affects brain growth and memory in teens and young adults and can lead to addiction. Whether vaping nicotine, marijuana, or just flavorings, e-cigarettes expose the lungs to a variety of chemicals that are not meant to be inhaled, including those in the e-liquids themselves, and others produced during the heating/vaporizing process that can cause breathing problems and lung disease.



According to the American Society of Addiction Medicine, marijuana use increases the risk of serious problems with mental and physical health, including addiction, and should not be used by persons under age 25.

In 2017, 6.8 percent of high school students in the U.S. reported that they used marijuana for the first time before the age of 13. About 36 percent of high school students said they have used marijuana at least once in their lifetime.

(U.S. Centers for Disease Control and Prevention Youth Risk Behavior Survey, 2017)

“At Rosecrance, we have developed evidence-based programs to meet the needs of individuals on every level of the continuum of care—from prevention to intensive services.”

Thomas Wright, MD, Chief Medical Officer/Senior Vice President of Medical Affairs, Rosecrance

Visit us at:

rosecrance.org [@rosecrancenews](https://twitter.com/rosecrancenews) facebook.com/lifeswaiting



Accredited by The Joint Commission



A United Way Partner Agency

United Methodist Affiliated Agency

Rosecrance is Accredited by The Joint Commission, is licensed and partially funded by the Illinois Department of Human Services/Division of Mental Health and Division of Alcoholism & Substance Abuse, is a certified Medicaid provider and is approved by most insurance companies.

Rosecrance is a leading provider of treatment services for individuals with substance use and mental health disorders. More than 50,000 children, teens, adults, and families received help last year.

Pictures of individuals in this brochure are for illustration purposes only. These pictures portray models and are not pictures of actual clients of Rosecrance. No inference should be made, or is implied, that the pictures used here are of individuals connected in any way to Rosecrance or to its affiliates or programs.